

THE ANTIOCH RECORD

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A contra dance in action in the Curl Gymnasium at Antioch College. Photograph courtesy of Antiochiana.

Contra Comes Swinging Back

By Perin Ellsworth-Heller '17

The room hums with the energy of the dancers. Feet pound the floor as couples of every age progress through an array of twirls, balances and circles, traveling up and down the hall. The music is driving, carrying the dancers across the floor, a Celtic influenced version of folk with the occasional hint of jazz or klezmer or southern swing. This is contra dancing, a form of line dancing with a long history at Antioch. And it's coming back!

Contra dance is an evolved form of English country dance, influenced by French dancing and developed in North America. Essentially contra dance is a mix of many forms of folk dancing and incorporates moves, techniques and dances from a great number of other folk dance traditions.

"Contra dance is about creating a kind of machine together, which can become a separate reality, an altered and intensified space in time. You see a lot of grins when it happens," said Yellow Springs resident Ben Hemmendinger, one of the organizers of an effort to revive contra dancing locally.

"One writer said of the experience, 'you are each other's gravity toys.' The machine is organic and fluid and has its own life, and it's kind of like one of those jellyfish which are technically composed entirely of smaller organisms. You still

exist, in a way, but you're part of a jellyfish now," said Ben. Indeed, contra dancing at its best can be a unique experience — a unique way of engaging, connecting and socializing with other people.

A folk dance tradition, of which contra dance is a part, began to develop at Antioch in the 1950s, according to a paper in Antiochiana by Antioch alumnus Tex Allen. By the 1960s there were regular Saturday folk dancing workshops sponsored by Community Government. These workshops supported regular dances in Curl Gymnasium and on Red Square, the brick patio between North and Main halls. Such dances would have promoted a variety of folk dance traditions, with contra being only one of many.

Many alumni and Yellow Springs residents remember these dances fondly. Though there is little documentation, it is probable that folk dancing at Antioch goes even farther back than the '50s, according to Antioch archivist Scott Sanders of Antiochiana, and that it is an old and important part of Antioch's cultural history.

A regular folk dance, in the form of contra, is coming back to Antioch thanks to a collaboration between several Yellow Springs residents and a few representatives of Antioch College. The dances

will be on the fourth Saturday and Sunday of every month.

Organizers hope these dances will be a place for beginners to learn about contra dancing while also providing a fun accessible dance for more experienced dancers from the greater Ohio community.

"I think that contra dancing is a great activity that allows anyone, regardless of experience, to go on the dance floor and listen to good music, meet new people, and most importantly, have a good time," says Roland Scaife '17. Everyone is invited and encouraged to come and try out contra dancing for themselves. The next dances will be held on February 22nd and 23rd in Sontag Fels on the Antioch Campus.

Perin Ellsworth-Heller '17 is one of the organizers of the upcoming contra dances.



Global Seminar Still a Work in Progress

By Keegan Smith-Nichols '17

Global Seminar classes are a crucial part of the Antioch College curriculum. Offered each term, the classes are designed to introduce students to a series of topics deemed essential to understanding the world today. The topics include food, water, energy, governance, education, and health. Some have questioned how effective these classes are in engaging students with broad, and often challenging, topics.

Sean Payne, assistant professor of political economy, spoke about his experiences as a discussion leader during the summer Global Seminar class on education and as an instructor during the fall Global Seminar class on governance. "It's very different than teaching a regular class," he said. "Working with another teacher and finding a middle ground can be challenging. Also, so much outside knowledge is expected of students that sometimes it can be hard to get into a topic so broad."

It also matters who delivers the lecture. Classes are generally divided into two sections — lecture and discussion — which differs from the way most Antioch classes are structured.

"The hardest part is choosing what to present and finding people to speak on that topic," Sean said. "Unlike a traditional class, Global Seminar is often a survey of topics rather than a class that builds on a topic, which can make engaging very difficult."

There are other differences from the traditional Antioch classroom. "The class size is very different, but the class itself doesn't have to be an extremely different experience," Sean said. "You should still do your work, come to class, and most importantly, don't use the size of the class as a justification for not doing work."

Even if students struggle in the larger lectures, there is still hope.

"In their reflections, students who chose harder and more interesting topics for their final projects seemed to enjoy the class more and get more out of the class," Sean said. Though the class size can make it difficult to engage everyone in the class, "it's up to the student to invest some time into the class rather than view it as a burden," he said. "Students do have the power to make it interesting."

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Bye-Bye Maya Nye

By Heather Burkenmeier '17
and Jane Foreman '17

"Be ashamed to die until you have won some victory for humanity." Antiochians speak this Horace Mann quote often,

Recently, one of our own, Maya Nye, made a difficult decision to leave Antioch and return to her home community in West Virginia, where a basic human right had suddenly disappeared: access to clean and safe water.

West Virginia was plunged into a water crisis this January after a chemical spill by Freedom Industries, self described as "a full service producer of specialty chemicals for the mining, steel, and cement industries," leaked 7,500 gallons of 4-methylcyclohexane methanol, a chemical used in coal processing, into the Elk River.

Maya Nye '99, a Residence Life Manager until last month, has been

advocating for safer communities for much of her life. It was a part of her studies at Antioch College. Maya, who was heavily involved with environmental justice before she returned to Antioch to serve as Residence Life Manager, remained active at home during her time here. She intended to go back from the beginning, and the recent water crisis only expedited the process.

At a going-away party held in her honor, Maya talked about how much Antioch means to her and urged students to make the most out of their time and education here so they can go out into the world and make a difference for the better. Even though she is no longer working here as an RLM, she is inspiring the Antioch community from a distance as she strives to win victories for her home community, and the world.

Master Plan Charts Course for the Future

By Jane Foreman '17

With all the construction and deconstruction happening on campus right now, many are wondering what the final results will look like. The answer can be found in the campus master plan.

Drafted by MacLachlan Cornelius & Filoni Architects, many of the documents associated with the campus master plan have been on display in the lobby of the McGregor building since the accreditation site team's visit. The plan represents the long term goals of the physical plant, including renovations, demolition, and new construction.

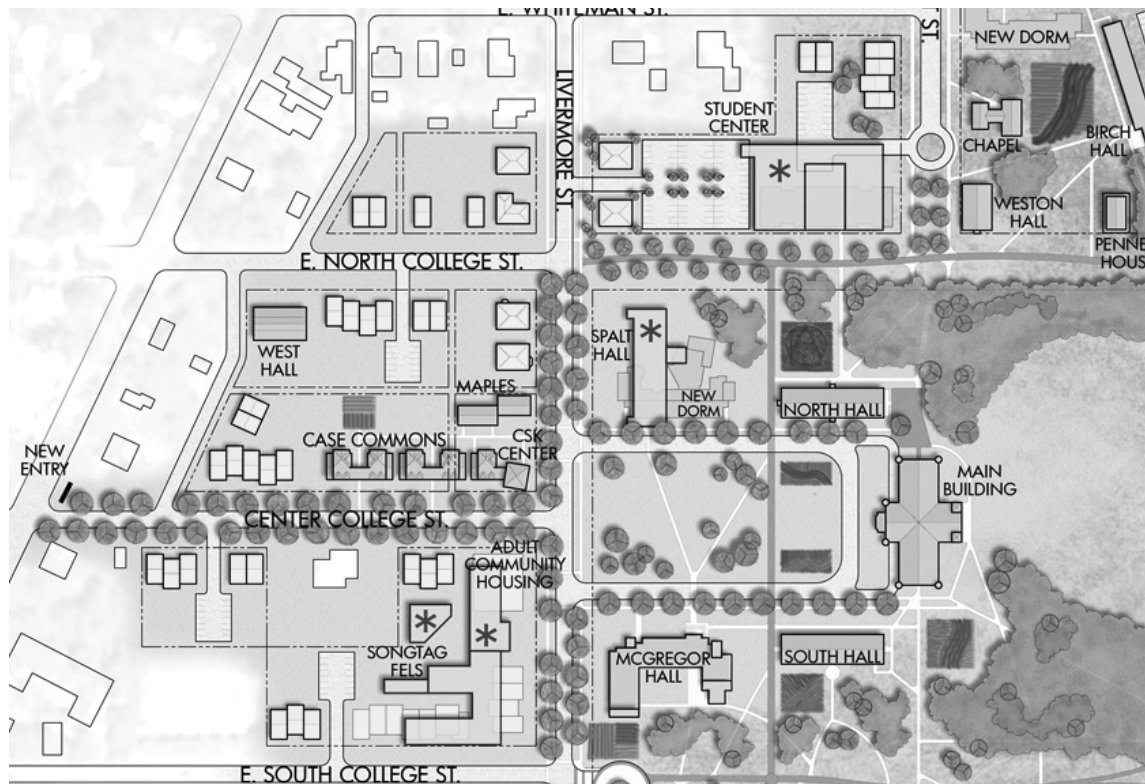
Albert Filoni, president of MacLachlan Cornelius & Filoni Architects, said that his firm has attempted to involve students and faculty in the master plan through a series of open meetings held on campus, but the initial meetings were not well attended by students. Most recently, the architects presented their vision for the college at Community Meeting. Filoni noted that the presentation at Community Meeting was, in contrast to the others, well attended.

The primary goal of the master plan process is to "create a master plan that represents the educational goals of the college," said Filoni. He described that goal as "an attempt to make the learning process integrated with living together in a community."

He said his firm is primarily focused on what he calls "embracing as much as we can the ideals of sustainability in every aspect." That includes the maximum utilization of physical space and energy-efficient infrastructure, such as the current geothermal project. Overall, Filoni said, the campus should be attempting to "attain a carbon-neutral footprint," which consists of reducing net carbon emissions to zero.

One building slated for major changes under the master plan is the Olive Kettering Library. In the long term, the plan incorporates the library into its historic home, Antioch Hall. "The library is complicated," said Filoni, "and the [current] building needs major attention." In order to be a good library under the constraints of the master plan Filoni said it would need new mechanical and electrical systems, new plumbing, and a new elevator system that facilitates accessibility.

The primary question faced by the library in the master plan is, "Is the [current] building worth investing



A portion of the Antioch College Master Plan, as imagined by MCF Architects and published in June 2013.

in?" The answer, according to Filoni, is no: "Libraries are now being called learning commons, because students want lots of new technology and books are not much utilized." He recommends that the current library collection be studied to see what needs to be retained, and that compact shelving be used to open up work space for students.

"Rather than spending all of our money on the current building, why don't we move it to where it was originally?" Filoni said. When the college first opened, the library resided in Antioch Hall, and he believes that placing it there again would be a good way to move the intellectual gathering point of the college to the center of the campus.

The librarians have only seen visioning sketches with few concrete details, but are skeptical of the plan's insistence on moving the library to Antioch Hall. They disagree with the notion that Antioch students across the

board prefer digital resources to physical books. Nevertheless, Richard Kerns, head of technical operations at the Olive Kettering Library, said "We're open to ideas." Kevin Mulhall, reference librarian and instructor, agreed with that sentiment, adding that "the number one concern in any scenario is the integrity of the library collection."

Overall, the renovation of Antioch Hall is an expensive long-term project, more a capstone of the master plan than an immediate concern. No matter what is decided, the library will probably reside in its current building for a couple more years.

Another building subject to revisioning under the master plan is the Science Building. Based on the input of faculty, the building will be rebranded as the Arts and Sciences Building, housing arts, media arts, and offices in addition to the traditionally expected science labs. "This interdisciplinary approach captures the ideas

of Antioch," Filoni said. The architectural team's recent visit to campus consisted of meetings with faculty members about their needs in the improvement and renovation of the building, whose second phase of renovations is slated to begin soon.

In response to student interest in composting toilets on campus, Filoni said that his firm "likes the idea, but current codes have not yet caught up." He noted that they've been thinking about the option of composting toilets and would love to implement them here if it became possible.

"Sustainability occurs on all levels," and many of the goals outlined in the master plan take those levels into account, said Filoni. The choice of double rooms over singles in the residence halls and the use of central fridges for each floor over individual refrigerators provided by students is an example of this approach to sustainability.

Global Seminar

Continued from page 1

Global Seminar is an "ongoing experiment," said Sean. "It's such a centerpiece of the curriculum but it's still a search to figure out what works."

Izzy Bausch '17 and Alex Bell '17 are both enrolled in the Global Seminar: Education class. Both spoke highly of the breakout groups and less so of the lecture portion.

"I like the smaller discussion groups because they are much better for facilitating a discussion," said Izzy. "The larger lecture format can get a bit boring because it's much harder to engage with the speaker." But she wishes students had not been randomly split up into discussion groups. "I wish we had been able to pick our discussion leader," she said.

"The class format is a little haphazard. Like most things at Antioch, it's still in the process of becoming what people imagined it to be," said Alex. But he likes that it's not like most classes.

"I like the readings and the promotion of discussion, and I like that the class tries to cover as much ground as possible and as many points as possible," he said.

Izzy also likes the final project idea. "It's much more than a research project; you actually have to do something," she said.

Global Seminar will continue to refine itself. Through student feedback and teacher ingenuity, the class will strive towards its ultimate goal: teaching students to think critically about the major problems they will face in the world.

Basketball, Broadway, and Buddhism

by Cole Gentry '17

As a child growing up in San Francisco, California, Amelia Gonzalez '17 was always into sports, and she had even wanted to go to college to play basketball. "My dream was to become a player in the WNBA." Her face lights up when she talks about it. "It was a routine for others to laugh hysterically when I would share my determination," she said.

Amelia sat rolling a tobacco

cigarette at the smoking table behind North Hall on a chilly January afternoon and talked about her journey from WNBA dreams to Antioch College.

"My life took a turn when I was in eighth grade and decided that I wanted to be on Broadway," she said. "Obvious transition." She and her mother moved to New York City for her freshman year in high school, and she auditioned for the Professional Performing Arts School musical theater

department. "My dream was to be on Broadway. I fell in love with acting," she said. "The main reason I love acting is because you speak for those who can't."

Her voice became softer as she spoke about what followed. "High school was super rough," she said. "At the beginning of my junior year my dad was arrested and imprisoned for gang-related activities. I used my circumstance as an excuse to victimize myself." She was partying constantly, and

her grades began to slip. She was told that if she did not improve them, she would be expelled. "At the end of my junior year, I worked my butt off to pass all of my exams with As. It felt good to take control of something that I had almost lost," said Amelia.

But she struggled with resentment toward her father for the pain he had caused her family. Her practice of SGI Nichiren Buddhism, a

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Campus Events Commemorate King

By Cole Gentry '17

Forty-six years after the death of Dr. Martin Luther King, Jr., his dream is still very much alive.

But social injustice is still a major problem in the world today. Antioch College has historic connections to social justice advocacy and hosted many events in connection with Martin Luther King, Jr. Day.

Starting off the celebration, the voice and speech class led by Louise Smith, dean of community life, held an open-mic on January 19. People shared poems they wrote, speeches, and songs about social justices. Some students even shared some of King's speeches. Many Antioch students and faculty attended and performed.

"Each performance was unique in its own way and incredibly powerful," said Cristian Perez '17. "Combining art and history, each student was great whether they were singing or reading."



Seth Kaplan '15 at the open-mic event. Photo by Cristian Perez.

"I was really intrigued with what the residents of Yellow Springs had to say about Martin Luther King, and the role they played when the civil rights movement took place" said Katie Jones '17.

On Monday, January 20, Dr. King's cousin, Rev. Joel L. King, Jr., spoke during a program on campus that included a song

by area vocalist Christopher Smith, words by Antioch history professor Kevin McGruder, and a speech by Martin Luther King, Jr. presented by Antioch students.

The day's activities also included a march in town, a panel discussion by two Antioch students and two alumni, a program at Central Chapel AME Church, and a showing of *King*, a film by Academy Award-winning producer and Antioch alum Richard Kaplan.

With "Where Do We Go From Here?" as the overall Martin Luther King, Jr. Day theme, each speech, story, or song showed that people see changes being made in the world and have hope for a future where social injustice will no longer be an issue.

"I believe that humanity is constantly striving towards equality, and that, eventually, we can achieve it," said Katherine Schule '17. "Yes, I do have hope for the future."



The renovated pool inside the new Wellness Center. Antioch file photo.

Constructing Wellness

By Marcel Beffort '17

One of the largest projects on campus currently is the \$8 million renovation of the 44,000 square-foot Wellness Center, formerly the Curl Gymnasium. The project is scheduled for completion by June 14, 2014. However, some fine timing stands in the way of meeting that deadline.

"The completion of the Wellness building has to coincide with the completion of the geothermal central heating system because that system is what will heat and cool the Wellness Center," said Reggie Stratton, director of the physical plant. The geothermal central heating system will be finished in April.

The interior of the Wellness Center has been redesigned. It will have four levels, not stories—the fourth level isn't really a story; it's more like a loft. As they enter through the front door, people will walk into a big open lobby with couches and places to hang out. Immediately to the east will be a basketball and volleyball court. To the west — where there was once a basketball court — will be a cardiovascular fitness and weight room. This room will also have an indoor track. The new locker rooms will adjoin the pool.

The pool has been remade and is now 25-yards long and six-lanes wide. The pool room also now has a therapy pool, which is basically a small heated pool with water jets that can be used for physical therapy or relaxation.

There used to be four racquetball courts, but now there are two. The new multi-use room created out of the racquetball courts is a big empty space that can be used for any type of fitness activities, such as yoga or zumba.

The southeast side of the building will have an assembly area. This space will be used for alumni events, speeches by the president, music events, and early on, for

graduation. There is a small warming kitchen off to the side for catering. The restrooms are also being remodeled.

The new building will include an elevator, which the old building did not have.

The second level of the Wellness Center has had a more moderate renovation. It includes another fitness room that does not have any official use yet, but will probably be used for fitness classes.

The third level has offices and a small classroom. The fourth level, the loft, is a big open space that is envisioned as a quiet place for people to meditate or relax.

The Wellness Center is being brought up to code with an upgraded life safety system. It includes new fire alarm and sprinkler systems, which the building did not have before.

The Wellness Center has been redone with sustainability in mind. The roof is now insulated, will have geothermal heating and cooling, and efficient lighting—the system will be programmed to turn the lights off when a space is not occupied. The pool will be heated by the excess heat generated by the dehumidification system that keeps the air in the pool area dry.

"The Wellness Center is for the whole community—students, staff, faculty, and the Yellow Springs community—and we will be selling memberships competitive with YMCA memberships," said Reggie. An activities fee will cover student use of the Wellness Center. Students already pay an activities fee, but the fee will increase a little — it is not clear exactly by how much yet—once the Wellness Center is open.

The Wellness Center and its pool will be open year round. "It's going to be great and I can't wait for it to be finished," said Reggie.

Pancakes at Glen Helen

By Kevin Lydy

It's back! For two years the annual Glen Helen Pancake Breakfast has been on hiatus. Many have expressed sadness, disapproval and even anger that this time-honored Yellow Springs tradition ("institution" even) was absent from the long list of community events that the village of Yellow Springs looks forward to.

The Glen Helen Association is proud to announce, though, that the 37th Annual Glen Helen Pancake Breakfast is back.

This year's Pancake Breakfast will be held on Saturday, March 8, 10 a.m. – 1 p.m. The morning will be filled with good food, generously donated from local establishments such as Emporium Wines and Underdog Cafe, Young's Jersey Dairy, Tom's Market and Flying Mouse Farms. It will also include live music. Additionally, members of the Glen Helen's Outdoor Education Center and the Raptor Center will be on hand with activities for the little ones.

Volunteers are still needed in the kitchen, on the serving line and various other roles to help ensure a successful Pancake Breakfast. Please contact either Kevin Lydy, kevin.lydy@wright.edu or Tina Spencer, tspencer@glenhelen.org, if you are interested in helping.

Currencies—

Closing Time at the Herndon

by Addison Nace '17

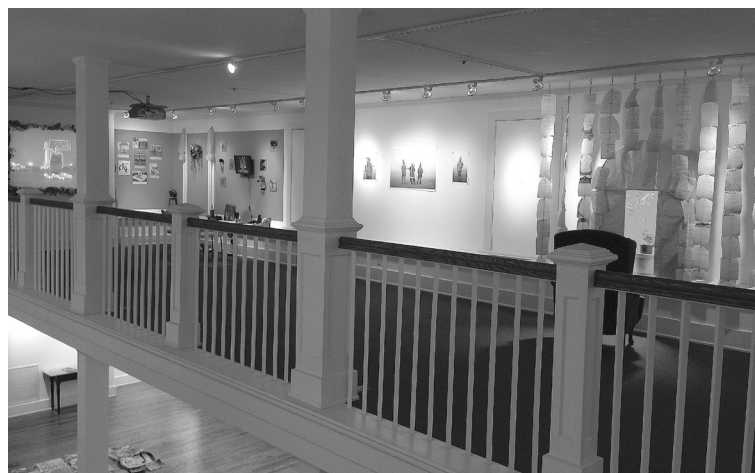
The Herndon Gallery creates a space for students to experience art on an intimate level within and without the context of time. The artwork at the Herndon expresses current themes in contemporary art, and because of our size, the gallery is typically an interactive experience with artwork. Spending time in the gallery is relaxing and creatively motivating for students.

"Currencies," the latest exhibition in the gallery, features artwork by Antioch arts faculty and resident artists. With an emphasis on installation work, the pieces range from painting to sculpture to video. Time is a recurring theme in this show. Some depict a specific moment in a certain space or

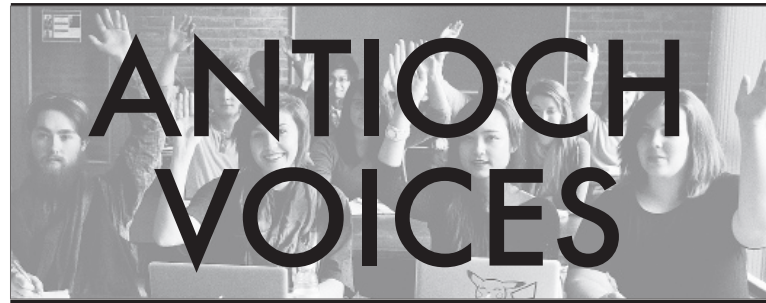
process of work. The moment may be one of contemplation, as with Michael Casselli's installation, "wishing we had talked, there is so much we left unsaid," a reflection on taking care of his mother when she was dying of cancer.

Building on the time element of the show, specific performances have happened throughout the duration of the exhibition. Gabrielle Civil, professor of performance, performed "Aide-Mémoire," which she had premiered at the AFiRiPerFOMA Biennial in Harare, Zimbabwe, last November. Civil connected objects such as shoes and balloons, among many other things, to a story of the past, leading the audience in and out of time, then

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'Currencies' exhibition in Herndon Gallery featuring work by Gabrielle Civil, Charles Fairbanks, and Michael Casselli. Photo by Jane Foreman.



For the Record: Thanks

A newspaper is only possible with the support and interest of its community. The second issue of the revived *Antioch Record* would not have been possible without the support and interest of Antiochians on and off campus.

The Record is a paper in progress; we are learning as we go. We will always rely heavily on interesting material from independent contributors. We

encourage submissions in the future and thank each person who contributed material to this issue: you have made *The Record* possible. This time around we received more material than we could publish; we will work to include some of these unpublished submissions in our next issue and look forward to receiving more submissions in the future.

—*The Antioch Record Staff*

Fed up with FB quizzes

My fellow Antiochians:

I'm here to tell you about the greatest threat to our livelihoods since our college decided to stay open while it was snowing: quizzes on Facebook.

Over the past few weeks, I have learned which Disney villain I resemble most, which sandwich I am, and how much a particular sitcom character will hate me. I know that this isn't entirely the fault of any one particular person (after all, my non-Antiochian friends are just as guilty as anyone else), but I can't help but feel as if we are putting ourselves in a box by letting poorly-made quizzes define our choice in sandwiches or our taste in film and literature.

These online quizzes are designed to maximize the number of times

a page on a website is clicked on which, in turn, maximizes potential ad revenue for the site the quiz appears on. As ad revenue increases due to masses of people clicking on links to various quizzes as inane as "Which color are you?", these sites become more profitable.

When these sites become more profitable, news sites decide to start putting quizzes on their sites in order to secure more ad revenue and improve their sagging bottom lines. Most news sites are already filled to the brim with fluff and so-called 'click-bait'; they really don't need to be getting the message that they need more of it.

In other words: I'm sick of seeing quiz results on my Facebook feed.

—*Alex Malangoni '16*

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The Antioch Record is the newspaper of, by, and for the Antioch College community. We continue the legacy of

independent student-run publications at Antioch and are dedicated to serving as an accurate record of community life. We hope to promote informed dialogue, social engagement, and community action.

Blast from the Past

All of us were smaller once. Can you guess who this baby is now?



Letters—

Role of a good citizen is learned

To *The Record*:

Recently in our community we have run into the issue of apathy and a general distrust of our government body among students, faculty, and staff. The issue I'd like to address is apathy and distrust among students. In many ways, life on campus can be great or not so great, particularly for students who are experiencing on-campus life for the first time. Other than the usual particulars, such as making friends, getting along with roommates, and doing assignments for class, students must navigate other aspects of living on campus.

The most predominant issues are the process of governance, learning about and taking part in activism, and conflict resolution. These are key components of citizenship in any society; however, students are not always knowledgeable nor are they as well practiced as they are expected to be as voting-age citizens. In fact, most first-year students have yet to exercise their right to vote. Sure, they have missed the most

recent presidential election, but there are other political offices and referenda that are voted on annually for local, state, and federal. Sadly, these opportunities are often ignored.

This knowledge can be very frustrating to anyone who participates in activism and governance, almost to the point of insult.

There is also clear evidence that students lack the knowledge or understanding of governance and activism (they also lack skill set for conflict resolution, but that's a rant for another time). During Community Meeting, one faculty member stated that students don't take advantage of events that are geared towards exploring governance in activism and that they seem to be very apathetic. On the other hand, students feel that they are too busy to participate in governance or other events geared to explore activism due to their desire to focus on their studies.

In contrast to these views, I'd like to point out that perhaps students

are unaware of the purpose behind activities on campus and remind others to consider that students have never had a real world opportunity to practice the "office of citizen." It would be unfair to pass judgment on students and consider them as simply apathetic. Actually, there are many students who are very passionate about various issues and desire to learn about the role and process of governance, and how to be activists.

All of this, and many other things, are part of what I have come to know as the "office of citizen." There are many rights and responsibilities that come with our special office. Young citizens should be ready and open to learn about their role as citizens, just as more experienced citizens should be ready and willing to guide them on their journey. I believe that this goes for every level of citizenship. I submit to you, do not get upset or frustrated with our young citizens, but be there to guide them.

—*William Brown '17*

Changing Our Minds On Conflict

To *The Record*:

I am more an observer right now than a participant in happenings on campus and on social media. I'm on co-op and not on Facebook, so I do not have specific or first-hand knowledge of some of the conflicts present on campus. The stories I have heard have been in the form of emails from Todd and Louise, the minutes that Louise took from the community meeting on January 30, and second-hand accounts from friends who are on campus or on Facebook.

My intention is not to speak about specific solutions to the conflicts that are present right now, but rather to offer my opinion on how to move forward in the way that we engage with conflict.

After being at Antioch for a while, I've seen many of the same conflicts come up again and again. I am drawn to the question: What is the root cause of the conflict on campus? Part of me thinks that there is no specific cause and that conflict is inevitable. Another part of me thinks that conflict is not addressed effectively and, therefore, festers over time and continues to return.

I do not think we have done

a good job acknowledging the inevitability of conflict or supporting a common vocabulary and process to address it. While we do have some tenets in place to help us engage conflict — namely, the honor code, community life staff, community meetings and restorative justice as a part of our judicial system at the college — clearly, something is still lacking. In my view, Antioch's culture is laden with shaming and blaming and defensiveness, all of which keep us from growing.

I would like to see us as a community take the steps to acknowledge that conflict happens and, further, to imagine ways that we want to engage with it. That's the intentionality and common language that we are lacking! Facebook, dining halls, dorm rooms, and even community meetings seem to be permeated with fear and shame regarding conflict.

It has been shown that in order for the prefrontal cortex to engage, one needs to feel safe. My suggestion is that we create a space in which we can safely process conflict together. A room where we foster an atmosphere of respect, safety, compassion and

the intention to both hear and be heard. Let's use processes that allow us to really *see* each other.

One way to do this would be to use a "circle process," which structurally brings guidelines, a talking piece, a facilitator, ceremony and consensus-based decision making into the mix. The idea of a circle is certainly not new — they have been used by many people for many centuries and are being reintroduced by the restorative justice field.

I am inspired by the thought of people stepping in on Facebook to suggest meeting face-to-face in a circle process when conflict arises. Let's not be afraid or ashamed of conflict, but rather take it as an opportunity to engage more deeply with each other and and commit to growth. This is the work that needs to be done if we are going to sustain ourselves as a community.

—*Norah Mermis '16*

Norah Mermis is on co-op, engaging with intuitive knowledge, fear, shame and herbs with a doula and wise woman in Yellow Springs and helping the Yellow Springs Schools implement restorative justice practices.

Topless at Antioch!

by Richard Hauck '17

Recently, a male student entered the dining hall without a shirt on. This incident sparked a barrage of incivility on Facebook. It has also led to calls for a revised campus policy on the wearing, or not wearing, of shirts. It's time to put things in proportion.

At one time in Antioch's history, an incident like this would not have raised an eyebrow. "Other experiences in the 'at least once' category" at Antioch College, according to *The Harvard Crimson* in an article written on 5 February 1969, "include weekly nude co-ed swims in the college pool (or a more seasonal variety of frolic under midnight rain)."

I am not suggesting that we should have nude co-ed swimming parties every week, but that we should be worrying about something bigger and better than people not wearing shirts at Antioch.

This did not need to become such a big issue. It was a mistake to enter the dining hall without a shirt. As Isaac Delamatre, supervisor of the kitchen, said in community meeting it is a health hazard to everyone if shirts and

shoes aren't worn in the dining hall at meals. The shirtless student acknowledged his mistake and apologized for offending anyone.

But the issue escalated on Facebook, where the dialogue was marked by disrespect and bullying. Then everyone worried about a policy being put in place that no one had the slightest idea about, which raises another issue about communication and our democratic system at Antioch.

At a Community Meeting, someone noted that a local ordinance states that both male and female bodies have the right to be unclothed as long as genitalia aren't exposed. This led to a decision to have hall-by-hall voting on the issue of shirts—or no shirts. The Ohio Revised Code 2907.09 (A)(1) as well as Yellow Springs ordinance 666.04 (A)(1) state that "No person shall recklessly do any of the following, under circumstances in which the person's conduct is likely to be viewed by and affront others who are in the person's physical proximity and who are not members of the person's household: (1) expose the person's private parts . . ."

The legal definition of private parts, according to the state Code, is men or women's genitalia, and does not include a woman's breasts.

No policy should be put in place on this "shirt issue." Let's consider the real world. If it's legal to not have a shirt on, then why should it be a big deal on campus? We live in our Antioch bubble but this bubble is in the real world. Let's remember that. People should be able to be shirtless if they so choose. We as a community have more important issues to address. Let's focus on those and forget about this shirt nonsense.

Do you have something to say? Is there a problem on campus you would like to address or an idea you would like to share?

VOICE YOURSELF!

Write a letter to *The Record*—500 words or less—and send it to our email inbox: therecord@antiochcollege.org

Refining Community Dialogue

by Perin Ellsworth-Heller '17

Recently there has been a lot of discussion in our community about dialogue, community participation and how to take the next step toward creating a healthy, functional college environment. For the most part, the focus has been on specific issues, such as participation in community events and the guidelines for male toplessness in public areas. While these issues are important, there is a more immediate problem that supersedes them — the lack of an effective public forum for community dialogue.

At the moment we have only one forum in which to officially address issues as a community: community meeting. Here's the thing, though. Community Meeting happens once a week for an hour and is largely a standard freeform gathering with a single facilitator and very few guidelines for procedure. It's a great time to check in, but as a forum for communal processing and governance it is highly ineffective and unsatisfying.

We need a new and innovative method for community dialogue.

One might argue that Comcil

is the only force for governance and change we need in our community. If structured differently that might be the case, but Comcil does not appear to be a complete community government. It is rather a part of a multi-faceted and exceptionally undefined network of committees, boards and departments. This is not to say that Comcil is not important or highly effective, but perhaps its integration and visibility within the community is somewhat lacking. A good government is well organized and well intentioned, but a great government is also accessible.

Having highlighted a handful of issues, here are a few possible solutions. Regarding the current configuration of community meeting and given that a major issue is time, once a month we should have an extended community meeting. Perhaps this meeting would be an all-day affair or perhaps just a few hours longer than what we have now, but regardless, it would provide some extra time for community dialogue and processing. With this additional time we would have room for updates and direct interaction between Comcil and

the community. To facilitate discussion we could break up into smaller committees and groups to come to a better understanding of whatever issues we need to address.

It would be great if Comcil could integrate better with other boards and committees, like the Community Standards Board and Events Committee. From the perspective of a student citizen it seems as if we don't have a unified community government as of yet, so much as a labyrinth of confusingly named independent organizations.

Now is the time to make sure that our systems of communication and governance are as effective as possible because as we move into the future it will be harder to effect change within the community. Everyone in the community needs to begin thinking about these questions. What forums should we have for community discussion? How should our government integrate with the rest of the college? Even if our system works now, will it work going into a future with a significantly larger community? Let's begin thinking about how to perfect what we already have.



Antioch Hall covered in snow. Photo by Keeton Byerly '17

Finding Oneself on co-op

by Kijin Higashibaba '16

It's the distance between reality and desire. I have always wanted to be an adaptable person. But there's that distance between reality and desire. When I am in a new place with new people, I have a tendency to make like a five year old and throw a bit of a hissy-fit. The size of the tantrum is usually proportionate to the newness. When I arrived in Sacramento, California, for my second co-op, some things weren't so new. The sun also rises and sets here, but three hours later than at home. People walk and talk and do things pretty much the same, except they're generally more friendly about it. Pretty much everyone speaks English, but it's not necessarily their first language. Most people are American, but not everyone has parents who were born in the United States.

My co-op is at KCRA 3 News, the local television news station for the Sacramento, Stockton and Modesto areas. I floated here after a year on campus and at WYSO, the community centered, college-owned, NPR affiliate in Yellow Springs. For a year I'd been in a community where I know everyone's name and had the natural, moral superiority of someone who knows they are doing the right thing by eating organic, shunning consumerism, and embracing public media with open arms. The banner I saw at the Sacramento airport that said "Science is an idea" was the first commercial I'd seen in over a year. There is nothing so character-building as being in a new place and having to adjust to new things.

I spent my first week at KCRA trying to adjust to my environment. From the people to the writing, KCRA could not have been more different than my beloved WYSO. By the second week I felt a little out of my depth. Looking back, I can't help but remember the silly city girl that once visited my family's goats. She insisted on coming into the pen

and stood ankle deep in the mud (and other), flapping her hands at the mosquitoes and whining about the stains. I imagine myself in the middle of the newsroom at KCRA, my arms in the air, shrieking about commercialism and journalistic integrity, and sensationalism and superficiality. In my defense, it wasn't just the newness, I was homesick too. I missed my family, WYSO, a campus of faces and people with whom I was familiar. It took me a while to calm down, but when I did, I began to see meaning, see the value in what I was learning and finding myself and my own values where I never expected.

Just like any field, the news has its genres. We have *All Things Considered* and Rush Limbaugh, all under the same umbrella of what's considered "news." I suppose it's mostly a matter of personal preference what news you consume and when. I think the initial shock I felt in my first weeks at KCRA came from knowing of the deep problems in the media and all of a sudden understanding where those are and why they exist. I felt them staring me in the face. But it's not KCRA's fault that society has sped up. It's not its fault that stories have to happen more quickly than ever before. The attention span of the public has never been so short. There's good television and there's good journalism; the challenge is to achieve both in a newscast. From my few weeks here, I believe that KCRA strives to do that.

I'm in the middle of my story here in Sacramento, discovering pieces of my environment and who I am that will, Lord willing, fit into the jigsaw puzzle of my life before long. The richest parts of a story almost always come at the end, but those parts mean so little without the middle of the story too. So, everyday I try to embrace this awkward middle, breathe through the tough moments, take a second to enjoy myself, and feel deeply the things that make me feel alive.



Herndon exhibit

Continued from page 3

back to the present moment.

“Currencies” also included “The Arts Presents,” at which contributors spoke about what makes their artwork. This was especially interesting because it was not entirely a lecture. Many of the presentations included performance, bringing the audience into the artist mindset rather than being told about the specifics of processes.

Gallery events also feature performances of the creative process. Sara Black’s installation sculpture, “Reconstructing the Fold,” has continuously changed. Originally the sculpture looked like a piece of scaffolding with a house built upside down underneath the platform portion of the scaffold. On opening night, Black placed herself inside the house in a chair, so that she was hanging upside down. After about 20 minutes, she unstrapped herself and sawed through the drywall of the platform. The process of rebuilding the house began and will be finished by closing night on February 14.

For the closing reception February 14, the Herndon will be hosting the last event of “Currencies.” This will feature a performance by Louise Smith and a dance interpretation of the artwork by Jill Becker. All should attend the closing, getting a sense from the artwork of the effects of time. As time goes on, more shows will come. Take a break and get inspired by the artwork.

A Winter Walk in Glen Helen



Neff Lake was a popular destination in Glen Helen in the early 1900s. Photo courtesy Antiochiana

By Richard Hauck '17

With the blanket of white that the heavens have laid upon us this winter, Glen Helen takes the form of beautiful pristine woodland. As I walk down the steps entering this new world, I hear the sounds of the forest and the crunch of snow under my feet. I think to myself how much time it took to build the stone stairs that lead down to the basin of the forest, and how much history and how many secrets this place holds.

The steps were built in the 1940s by a stone mason named James Dye, who worked for the college, according to archivist Scott Sanders of Antiochiana. They are named after Ondess L. Inman, who taught biology at Antioch

and also worked for the Kettering Foundation, which at the time did scientific research, as the head of its photosynthesis project. “The steps and the terrace on top are made of old limestone kilns” and “the stones that are pink should be the stones that were the inside of the kilns walls,” said Scott.

I walk for a bit, then pause and take in the beauty of the white snow resting on the ground and in the trees. I hear the creak of the trees swaying in the wind as if they are about to shatter from the cold.

The Glen is a special place with a rich history that is seen and unseen. The Glen once had a hotel in it, up the hill from the old broken dam. The dam was

installed around 1900 to create a lake where visitors could take a boat out and enjoy the day. I imagine how wonderful it must have been in its time, the lake, the people in their garb of the time rowing a boat in the summer enjoying all the green, maybe even indulging in a bottle of wine.

I continue my walk on the cliff edge trail and climb the cliff to sit at the top and enjoy the view. I feel a sense of peace. The Glen is said to have healing powers. The Native Shawnee, who roamed the land before and after the settlers came here, believed the Yellow Spring, from which the village of Yellow Springs got its name, had special powers. That’s understandable after seeing the

arresting beauty of the spring gushing from the rocks.

The water is rich in iron ore, which gives the rocks around the spring their unique bright orange coloring. After the area was settled, people came from near and far to take the “healing waters” of the Yellow Spring.

The man who did the stonework for the spring was Carmelo Ricardi, according to Scott Sanders. “He was the Glen’s first handy-man brought here by Hugh Taylor Birch” said Scott. Although Ricardi built the grotto for the spring it wasn’t designed by him, Scott said. “The design was by a woman named Louise Ordiorne.”

We can thank Hugh Taylor Birch for donating the 1,000-acre Glen to the college in 1929. He did this after he was urged to do so by Lucy Morgan, who feared that the Glen might become an amusement park. Lucy Morgan was married to Arthur Morgan, a former president of Antioch College; she was also a botanist and nutritionist. The Glen is named after Birch’s daughter Helen Birch Bartlett, who died in 1925. Some say they have seen and heard her and other spirits roaming the woods at dusk.

The Glen is a beautiful place year round; it takes on a different beauty with the changing of each season, and can be enjoyed at any time. I end my walk by coming back up the limestone steps. As I walk up, I say farewell to the Glen and enjoy one last look. The Glen will be an eternal walking ground to enjoy, I know I’ll find myself back here soon.

Giddiness in the Acquisitions Department

by Kevin Mulhall

The Olive Kettering Library staff has been on a book-buying binge in recent days. Here are the staff’s top choices:

Jim Kapoun: *Invasive Species: What Everyone Needs to Know* by Daniel Simberloff.

Simberloff discusses how ecologists and policymakers determine the extent of damage caused by these species and develop eradication strategies. If you’re an environmental science student you will want to be familiar with this resource. Includes an appendix with a complete list of species in the text, a glossary, and categorized

suggested further readings.

Rich Kerns: *In My Skin* a film by Marina de Van.

This is feminist de Van’s debut film that tells the ghastly tale of a woman who suffers accidental cuts on her legs and develops an obsession with self-mutilation. Not proclaimed by critics anywhere as “the feel-good film of the summer.” In French, of course.

Sandy Coulter: *Barack Obama and the New America* edited by Larry J. Sabato.

Sabato brings together a collection of commentary about the 2012 election by some of the country’s most notable political analysts and academics. Sabato’s lead-

off chapter, filled with telling demographic statistics, makes the book a worthy read by itself. The book is not about President Barack Obama. Rather, it is about candidate Barack Obama and what the 2012 election tells us about politics in America today.

Kevin Mulhall: *Playing at the World* by Jon Peterson.

This is an amazing in-depth and comprehensive history of role-playing games and systems that attempt to simulate people, adventures, and warfare. This volume has to be seen and perused to really appreciate the depth of Peterson’s research. Gaming geeks beware — being slightly smaller than a chemistry textbook in its

dimensions, you might need to restrain yourself from borrowing this book until break or risk academic perdition.

Duffy: *The New Jim Crow* by Michelle Alexander.

“...and we still have the old one!” — Duffy.

I wish I had had the opportunity to look at this book before trying to write something about it, but as soon as its bottom edge hits the shelf, there is another hold on it. In *The New Jim Crow*, Alexander argues that race plays a defining role in the mass incarceration of people through our legal system and that racial indifference, fed by media imagery, and apathy

perpetuate it. With more African Americans imprisoned, paroled or on probation than were enslaved in 1850, the laws enacted in the civil rights era (which felons are not protected by) have been effectively undermined. Get it before someone from Otterbein requests it again.

Scott Sanders: *Anything That Moves* by Dana Goodyear.

Goodyear’s book might be subtitled *Adventures with Foodie Extremists*. Meet the people who eat pork-blood soup, raw horse fat, ant larvae, and maggots from human corpses, among other gustatory delights. Timely reading for our upcoming collaboration with EnviroFlight.

Bringing Intention to the Muffin

by Isaac DeLamatre

We all have differing opinions about what is good and “right.” We go about our days analyzing the work of others deciding if their efforts have been executed correctly, up to our own abstract standards, matching our mind’s eye ideals of how things ought to be. I have found that “good” and “correct” are two ideas that are extraordinarily subjective and that I really do not trust most people. I have seen this to be especially true in the world of food.

Eighty-five percent or so (not a citable statistic) of food prepared in the United States is utter garbage. It is produced using inferior ingredients and often without an ounce of skill or love. What often draws us to specific foods is not the fancy chefs who created them or the type of rare ingredient used or even if a dish is objectively good. More commonly it is the feelings or the nostalgia that such foods invoke, or the memories and emotions conjured by the sensory experience itself.

A sense of place, whatever that place may be, has as much to do with cuisine as the ingredients and techniques applied. Our feelings, thoughts and expectations are as

relevant to a meal as the food.

Antioch Kitchens has come a long way since its formation one month after the re-opening of the college in fall 2011. We started operations in Birch Commons serving lunch and dinner Monday through Friday. We ordered take out on the weekends and didn’t serve breakfast so that I wouldn’t die from exhaustion. The many sacrifices made by the opening class of 2015 allowed us to rapidly expand through the renovation and opening of North Hall, to rebuild and reopen Birch Commons and expand services to include breakfasts and weekends. Even given these advances in our offerings, there are times of day, and more so times of night, that there are no cooks cooking and serving food. It has been during these times that the will and ingenuity of the students takes over and creations are born.

While ‘dorm room’ cuisine isn’t a new concept, and often isn’t anything to write home about, Tatiana Dorff ’17 and Ruth Lane ’17 have used the limited ingredients at their disposal to create a snack that has all the signatures of ‘place’ in the making. I was served this creation on a recent weekday afternoon.

“It’s really good,” assured Tatiana, “and healthy too.” She spoke about how Ruth was the first one to engineer the treat as she assembled ingredients by the toaster. “I’m sure it is,” I said. I have heard whisperings of this dish in recent weeks, an unfamiliar marriage of an English muffin and nutritional yeast. As my career lengthens and my experience base increases I have less affection for late night munchies concocted from the understocked pantries of residence halls, even if they are my own. I admit to a small amount of skepticism, and as mentioned before, I trust few.

I made notes while staring at the table reading rules for a Quaker wrestling match taking place in Sontag this weekend, as the finishing touches were applied. “Here it is!”

One of our heavy beige plates was presented. Two English muffin halves slid starkly to the far side of the plate as it was set before me. The muffins were laden with nutritional yeast, the smell of balsamic vinegar was immediately perceived. The muffins were saturated in olive oil and I was briefly startled because the vinegar sat on top of the olive oil amidst

Continued on page 8

Healthy Corner: Co-Op on a Budget

By Sasha Pak ’16

Within the first few weeks on co-op it’s common to panic and run out of food and money quickly. If you’re lucky, you have a kitchen with utensils, pans and whatnot. If not, then you are up for some decision-making and a thrifty hunt but, hey, that’s the experience we all need to get someday. Antiochians may not be sportspeople, but we sure will graduate with survival skills in extreme situations and ready to face challenges with grit and patience.

I was promised a room and board, but the cafeteria is closed on weekends, something I wasn’t told, and with recent changes to the food services, the meals reminded me of my public high school where USDA regulations limit the cooks’ creativity and companies like Treat America have mostly canned and frozen ingredients for cooks. I cook every day here.

In my room, there is a stove top, fridge, freezer, and sink—pretty good for a small apartment in a residence dorm. No pans, no

utensils, the kitchen area is empty. So I planned a trip to a store, asking one of the co-workers to take me since I decided not to bring my car to Golden Valley, Minnesota. After a few weeks, I have come up with the list of necessary items that might be helpful for anyone who goes on co-op and lives on their own:

- Cutting board and a knife—one medium paring knife will do the job.
- Nonstick small saucepan—can be used to cook pasta or ramen, boil water for tea, make chili and soups, or, with more than two inches of oil, as a deep-fryer. Get one with a glass lid that has some holes and the lid can be a strainer.
- Medium frying pan—stainless steel with aluminum interior is best to conduct heat throughout. for sautéing veggies and meats/fish, making omelets, burgers, French toast, etc.
- Two wooden spatulas/spoons, non-conductive—best used in nonstick pans; using both, you can flip items, and they last for

a long time. Do not put them in the dishwasher as they may crack.

- Couple of kitchen towels—can use one as a drying rack for washed dishes.
- Water filter—some states have clean water, but just as a precaution filters are pretty cheap and last for the span of co-op.
- Lunch box with a spork—I used it for a while before I had dishes.
- Paper grocery bag—make a trashcan out of one by cutting the edges and flipping them in, then put a plastic bag inside.
- Baking sheet/pan—if you can’t find one or it’s too expensive, get one-time use baking sheet and some aluminum foil. That way you can cover it and bake, then store leftovers in it.

Total cost: about \$80

It may look ridiculous and thrifty, but that’s how I outlast my co-op on the budget! I do hope you find it helpful! Email me if you have other ideas at:

spak@antiochcollege.org

Dearest Daily



By Nick Daily

Hello, and welcome to *Dearest Daily*, a column I hope to maintain with the *Antioch Record* for as long as possible. Nothing that is said in this column should be accepted as reflective of the views of Residence Life, Community Life, or Antioch College. I am not a professionally trained counselor and am offering support to people who have questions or concerns that they believe others may also be experiencing. With that said, we have our first edition of “*Dearest Daily*!”

Dearest Daily,

What would you do if someone you’d been hooking up with casually for a while started ignoring you half the time and then flirted with you when it’s just the two of you?

Sincerely,
Sick of Basic Biddies

Dear SOBB,

Thank you for starting off the column with a relationship question! Whew, this situation sounds like it sucks. Honest opinion? No one needs that kind of drama llama in their life. YOU deserve better. You’re better than that. The conversations with your family (home and of choice), your volunteer work, and your passions prove to you that this person (who

thinks they can ignore you when they don’t want the repercussions of being thought to be with you, until they want to get some sexy time in) is not worth your time. It’s easy to think that they’re just figuring out what they want or... eventually they’ll come around and some do, but in my experience most don’t. Get that drama llama out of your metaphorical bed and find some other muse to spend some time with.

Get some,
Daily

Dearest Daily,

What should a lonely soul such as mine do on Valentine’s Day?

Sincerely,
Rufus

Dear Rufus,

I’m SO glad you’ve asked me this question! The great thing about being on a college campus is that no matter what, there will always be someone else who is single and looking to hang out on Valentine’s Day! That’s not a suggestion to find someone to just hook-up with on Valentine’s Day, it’s actually an encouragement to share platonic love with someone else on Valentine’s Day.

As for activities to do on Valentine’s Day? The Herndon Gallery is having a closing reception and night of performance for “Currencies.” There will be several performances that day by Antioch College faculty (and one will be featuring myself as well)! Later that night, there will be a danza! Put on your Fancy Friday Fiesta ‘Fit and head on over to South Hall at 7pm to see some awesome performances with your V-Day Platonic Love Buddy!

Love,
Daily

Nick Daily is a Resident Life Manager at Antioch College. Please send your questions to “Dearest Daily” at nkdaily@gmail.com!

Puzzle Mania in Library

by Jane Foreman ’17

For most of last quarter, a cold wintry puzzle sat untouched and neglected in the Olive Kettering Library. It was terribly hard, with 2,000 pieces, and featured Neuschwanstein Castle as its centerpiece. After careful wheedling from puzzle fans, Jim Kapoun, Director of Library and Information Services, agreed that it was time to allow the campus to move on. This marked the first time in recent campus history

that a puzzle was removed from the chopping block in the library before its completion.

Though this puzzle may have beat aficionados on campus, serious progress has been made since its removal. This may be because of the sheer dedication of many of the aforementioned puzzle fans. “I work on puzzles whenever I’m in the library,” said Selena Wilkinson ’17, “They’re a good stressbuster.”

*This quarter, the pace of puzzle
Continued on page 8*

Mitch on Movies

by Mitch Goth '17

American Hustle: 5/5 Stars

Let me just start by saying that *American Hustle* may just have the best cast of any movie to come out this year, and David O. Russell can do a whole lot with them. From beginning to end, this movie holds its ground as not just a very serious awards contender, but also a very well done comedy. Jennifer Lawrence shines as the impatient, self-absorbed wife of Christian Bale's protagonist. But if you're looking for Katniss Everdeen, look elsewhere. Bale and Amy Adams lead this film admirably, while Bradley Cooper and Louis C.K. add comic relief exactly where it needs to be. In short, if you want a movie that makes you laugh while also adding some points to your IQ, *American Hustle* is the movie you seek.

Dallas Buyers Club: 5/5 Stars

Before seeing this movie, I never thought I would write these words: the Academy Award for Best Actor should belong to Matthew McConaughey.

This movie is easily the best HIV/AIDS film to come out since *And the Band Played On*. McConaughey is like he's never been before, and not just physically either (he lost 50 pounds in order to play the AIDS-stricken cowboy Ron Woodroof). McConaughey gives easily the best and most emotionally powerful performance of his life. But, the best role in the

movie simply must go to Jared Leto as the equally ill transgender woman, Rayon.

All around, the cast does impeccably and the story of Ron Woodroof fighting against the medical system and the FDA is beautifully written from beginning to end. From top to bottom, *Dallas Buyers Club* is a flawless film.

Frozen: 4/5 Stars

Frozen is easily another home run for Disney, and that's not just because of its massive box office take. *Frozen* is also the best animated film to come out this year. Beautifully animated, thoughtfully written, and amazingly voiced all around, *Frozen* comes out as untouchable when it comes to the animated movies of 2013.

The entire cast sings their parts wonderfully, and what kind of reviewer would I be if I didn't single out, "Let It Go" as one of the best film score songs to come out in 2013, and one of the best animation sequences as well.

The film does fall into some classic Disney clichés along the way (I won't spoil any) and it was rewritten multiple times, which shows through at some points in the movie. But, those points aside, *Frozen* is a fantastic, family-friendly movie with enough good songs mixed in to have your head full of them for weeks after watching it.

Magic Muffins

Continued from page 7

the nooks and crannies of the muffin in such a way as to make me think that there were raisins on top of the whole thing. I do not enjoy raisins and I was not ready mentally or physically to entertain the idea of eating raisins on an English muffin with nutritional yeast. Thank the Great Magnet that this was not to be my fate.

I cut a muffin in two and tried my first bite. The satisfying crunch of the toasted muffin was complemented by a super fatty and creamy texture created by the olive oil and nutritional yeast, dare I say buttery even. The muffins were garnished with freshly cracked black pepper which lent a welcome pepperiness followed by the powerful acidic cutting action of the vinegar. The high fat content of this dish makes for a satisfying snack. I can see the appeal and I do not feel my trust betrayed. I have also heard of a



Photo by Selena Wilkinson.

variation made by Sam Stewart that switches out the muffin for a bagel, the olive oil for butter and the balsamic for Sriracha. Interestingly, this is a culinary tradition he carries with him from childhood and says that he grew up enjoying this snack. I look forward to what these students have to offer and am confident they will continue to share their experiences, while creating new ones, through food.

Gaerin on Gaerin

by Gaerin Warman-Szovoboda '17

Hello friend,

As I poured through my tri-weekly copy of *The Hockey News* this fine evening, breaking down the intricacies of Slovenia's Olympic hopes, I was reminded of my own journalistic prowess. Perhaps it was the leadership of team captain Tomaz Razingar or the superlative defense of Sabahudin Kovacevic, but I came to recall the fascinating process of writing my own dynamic column. And so I decided to return here for my own well being, but mostly for yours.

When last we met, lads and lasses, Scots of all ages, you were just setting foot into the cerebral highlands where I make my home. Well, allow me to shepherd you a little further. Why, I think I'll use a textbook example of the Gaerin experience that happened just the other day.

Burrowing through my backpack a on recent Thursday, I stumbled across a loose Spanish paper. Now I have a very complex filing

system that I don't have the space to go into too much detail about, but basically I was faced with this dilemma: Which pile of stuff under my bed do I throw it under? Assorted Clutter or Nondescript Mishmash?

To the untrained onlooker, these can seem like two distinct categories. But those privy enough to be intimate with the situation, such as myself, know this to be a slippery rabbit hole to go down. While the crumpled up Spanish paper included a couple ripped corners, a signature of Assorted Clutter, the distinct crinkling sound it made as I massaged it with my hands sounded like a textbook case of Nondescript Mishmash. Some might suggest I put it in the recycling bin, but that's a walk of several feet from my room, and after a long day's work, I wasn't up for the journey. This was a baffling conundrum.

Looking more closely at the discarded paper, I saw in the folds several obtuse angles that are often associated with the Assorted Clutter pile. But the tingly feeling

I got when I touched the sheet reminded me of some of the finest Nondescript Mishmash I've been lucky enough to witness. After a long while, it seemed like making this differentiation was far too challenging a task for me, let alone a mere mortal. But little did that piece of paper know what I had up my vegan cheese puffs-stained sleeves.

And so I played the waiting game, until along came a knock at my door. Opening it, I smiled at the suit-and-tie wearing member of the Miami Valley Jehovah's Witness consortium, and handed him the crammed-together piles of Assorted Clutter and Nondescript Mishmash, and kindly suggested he recycle them. And that's how Gaerin solves problems.

I hope that I helped you to begin to understand the process known as Gaerin. In the meantime and in between time, remember no matter how hard you try, you can't use a college class as a tax write off. Until the next tantalizing installment, I bid you adieu.

Puzzle Mania

Continued from page 7

completion is rapid. The campus blew through two exciting puzzles — a 1,000-piece San Francisco Conservatory puzzle and a 500-piece Baseball Trivia puzzle from the 1980s — in less than three weeks. This is astonishing, especially considering how long the Neuschwanstein Castle puzzle

sat untouched and undone.

Heads are now bent over another puzzle, a jolly field trip scene at the Museum of Paleontology. "Puzzles are the best. I like this one because it has dinosaurs in it," said Shannon Hart '17. Whoever finishes the current puzzle gets to pick the next one — and it won't be long before this one is done.

Love Letters

Love Letters is a recurring column that includes a love letter to an anonymous something or someone. Stay tuned for the reveal of this issue's subject in the next Record

Dearest _____,

Your smooth and chiseled complexion is really rubbing off on me.

Your smell I can identify from inches away.

I'm sorry if it's annoying that I subconsciously gnaw on you. It's just a habit. It's love.

Some people think that you're dying, but you'll always live with me wherever I go.

People like to steal you from me. How dare they! They think you're replaceable. You're not.

I try not to use you too much, for I fear my use of you will eat away at your very being.

When you do perish, you will have left a mark on me.

Love as always,

Hannah Priscilla Craig '17



Answer to last issue's Love Letter conundrum: a cupcake.

Amelia



Continued from page 2

"philosophy based on the happiness of each individual and the fact that every person is a Buddha," helped her cope.

"Using my practice I was able to do my human revolution by becoming the protagonist in my soap opera of a life," said Amelia. "I now have deep appreciation for my father because he gave me the opportunity to suffer for the sake of humanity. I experienced absolute happiness in a situation that didn't call for it, and I think that's pretty revolutionary."

Her smile became bigger when she spoke about her happiness in this moment. She discovered Antioch in *Colleges That Change Lives* by Loren Pope and read about how this little liberal arts school made a difference in the world. "Seeing the transformation I was able to make in my own life led me to a school that is founded on social justice," said Amelia. "Antioch College makes a difference in the world and I want to be a part of a movement that holds the highest value on the happiness of human life."